



NORDIC CHAMBERS 'EVENT SPORT AND LEADERSHIP

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12.04.2026**

SPEAKERS BIO



PhD in Sports Nutrition, MSc ETH in Exercise Physiology, IOC Diploma in Sports Nutrition, CAS in Nutritional Assessment

She has 12 years of experience in sports nutrition (practice and research). She supports of elite and junior athletes in Olympic and Paralympic sports and is President of the Swiss Sports Nutrition Society.

JOËLLE FLÜCK



Florence Schelling is one of the most accomplished figures in Swiss ice hockey and a pioneer for women in elite sport. A four-time Olympian and eleven-time World Championship athlete, she helped lead Switzerland to its first-ever Olympic and World Championship bronze medals in women's ice hockey. She also made history as the first woman worldwide to become general manager of a men's professional ice hockey team and as the first Swiss woman inducted into the IIHF Hall of Fame. Her career stands for courage, resilience, and leading what does not yet exist.

Being at the forefront of women's ice hockey meant competing not only for results, but often for visibility, belief and support. In this keynote, Florence Schelling shares what it means to lead when structures are still being built, recognition comes late, and conviction has to come from within. Through lessons from elite sport, she explores leadership as vision, responsibility, mental strength and the courage to keep going – while bringing others with you.

FLORENCE SCHELLING



Parallel to finishing her PhD in epidemiology and health systems management, Anna studied medicine and conducted research at Harvard and University of Zurich medical schools. Following her post-doctoral research at Harvard, she specialized in internal and sports medicine in Switzerland and worked with athletes ranging from Swiss national team ice hockey players and alpine skiers to international triathletes, formula one drivers and football players.

Before her role as the first female medical director in the history of Klinik Hirslanden, and as head of strategy for preventive and longevity medicine in the Hirslanden group, she attended executive courses at Harvard Business School and graduated from the International Directors Program at INSEAD. Apart from having been a clinical lecturer for the medical faculty at the University of Zurich and a mentor at the ETH, she is faculty at the University of St. Gallen Executive School.

DR ANNA ERAT

Faculty of University of St. Gallen Executive School, Chief Medical Officer Central Europe for Hints Performance, Independent Board Director



Dr. Raija Laukkanen got her PhD at University of Kuopio, Department of Medicine in 1993. She has acted as an adjunct professor at the University of Oulu, Department of Medicine since 1999. Dr. Laukkanen is a Fellow of ACSM (American College of Sport Medicine). She is also a founding member for International Nordic Walking Association, acted as a scientific advisor for Singapore Sports Council and a board member of the Finnish Ministry of Education Sports Science Council.

Laukkanen has 60+ scientific peer-review publications in the fields of physical activity, health and fitness assessments.

During 31 years at Polar Dr. Laukkanen has managed Company global science collaborations with research institutes and hospitals. She has built for Polar global standards for science collaboration as well as a network of strategical study partne for wearable technology studies.

DR. RAIJA LAUKKANEN

Director, Science Collaborations, Polar Electro Group
Adjunct Professor, University of Oulu, Finland



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